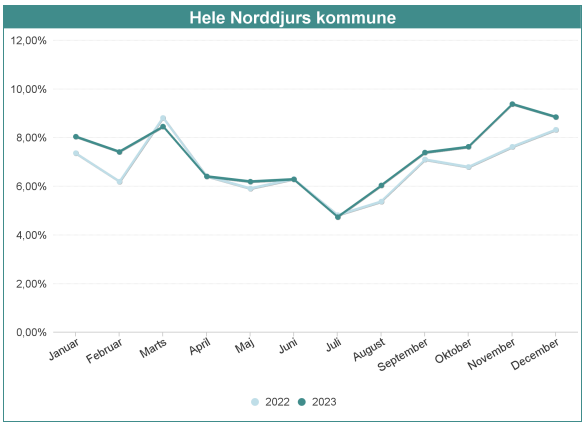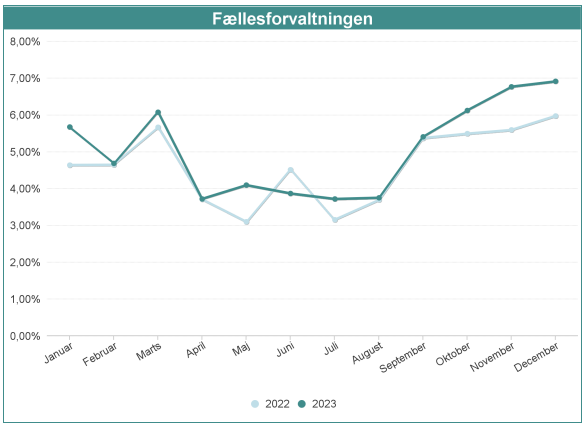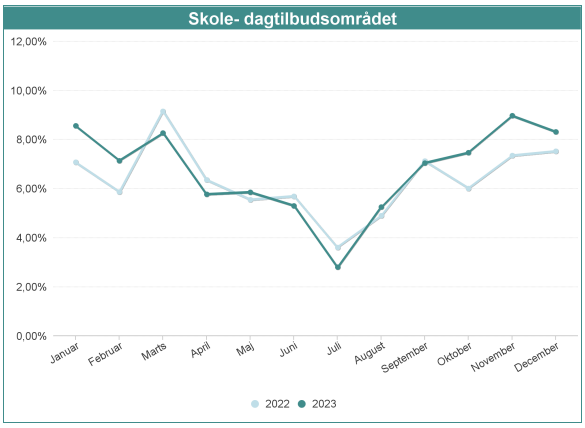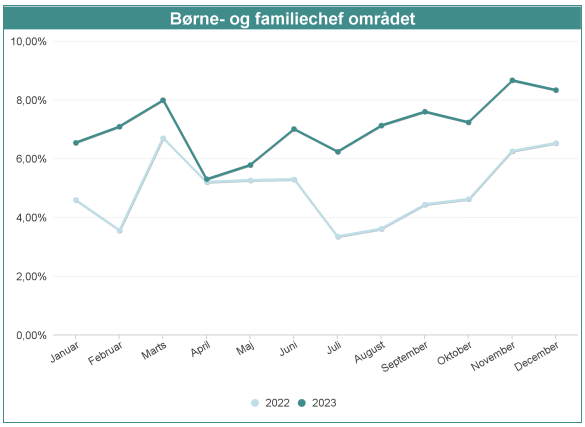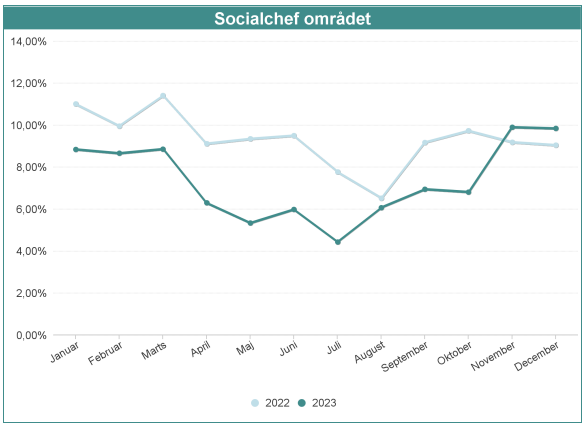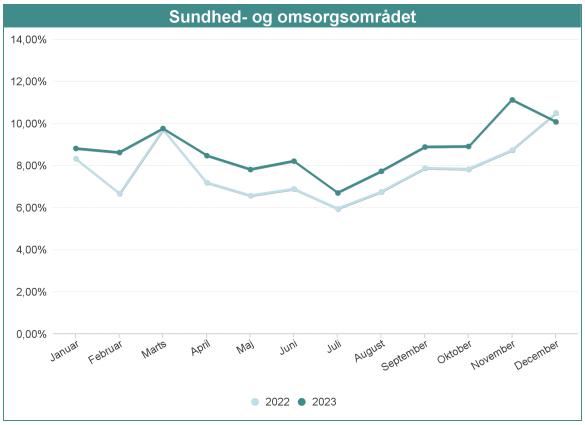Sygefravær over tid